

Why we created 'EXPONENTIALLY HUMAN'

A short Intro.

We, **D**ijana and **J**ulia, are extremely passionate about purposeful human transformation. And we see it as our mission to be that all-encompassing force that emboldens leaders to be who they truly are, on purpose.

With the future of business changing exponentially, we believe today's and future leaders must begin to shift perspectives and collectively navigate humanity towards positive futures.

We feel new mindsets can not be obtained simply by adopting outside views, we hold it imperative to advance our human leadership through presence, acting on purpose and finding compassion so as to benefit people, profits and peace.

Hence, we have created becoming 'Exponentially Human'. A unique five day transformative experience that allows you to get to the core of who you are, why you exist in this world and how you can activate being more purposeful, personal and compassionate in your leadership - or ideally in your life.

Who benefits from 'EXPONENTIALLY HUMAN'

We believe this experience is most suited to leaders and emerging leaders within an organisation. Or as an entrepreneur or solopreneur shaping new businesses.

Regardless of the role and title you actually hold, you feel called to making a difference in the world. You feel it is time to explore yourself, to reach new states, and / or you feel pulled to finally live and lead a more purposeful life.

Or you are currently in a state of experiencing limitations, exhaustion, frustration, stagnation. You feel unfulfilled, anxious, disoriented and / or overwhelmed with current dynamics. Particularly, the digital age, resisting future narratives and new technologies.

From whatever angle you are coming from, you know deep inside that transformation can only happen from within. Hence, you feel the urge to discover and are prepared to invest in learning who you are, why you truly exist and how you can activate purpose-led human leadership.

"Be purposeful. Be personal. Be compassionate. Be exponentially human!"

How to become 'EXPONENTIALLY HUMAN'

Discover yourself: Let

yourself be guided back to your inner core and find your purpose and the positive impact you can bring to others and the world.

Articulate yourself. Express your purpose consciously, and set out to lead yourself, your people, your organisation towards extraordinary profitable results.

Activate yourself: Mobilize your purpose through human connectedness - embrace presence and compassion with the innate desire to contribute only positively to your people and your organisation. With (inner) peace.

What to expect from 'EXPONENTIALLY HUMAN'

An immersive learning experience dedicated to discovering and embracing your unique human capacity with reasoning and intuition.

An intimate exchange crafted to have you safely articulate and activate your calling.

A gathering constructed to bring together a network and community of leaders, entrepreneurs and special guests from different contexts to explore together the power of Purpose, and why living and leading a life intentionally matters for the leader, as much as for humanity.



You'll grapple with important questions about yourself, your context and your environment.

You'll stretch your thinking, face your fears and doubts and shatter some of your current assumptions in life and work.

You'll re-establish connection to yourself through reason as well as intuition. We'll have meditation, active journaling and outdoor activity to include mind, body and soul.

You'll co-design your life's intention and find the right articulation and activation to excel leading yourself, your people, your organisation towards extraordinary results.

You'll engage in discussions, also with special guests who are already living and leading a life on purpose, and you'll hopefully feel inspired by them for your onward journey.

You'll have a 1:1 coaching, to support you on your process and progress.

And you'll experience two kind, courageous and mindful facilitators, who will hold the space and provide the right level of energy for you to keep you flowing through the experience.



	Day 1: WELCOME	Day 2: SENSORY DISCOVERY	Day 3: TRANSFORM INNER RESISTANCE	Day 4: CONSCIOUS ARTICULATION	Day 5: PURPOSEFUL ACTIVATION
1PM 9AM		Sound Arrival	Body and Breath	Body and Breath	Sound Departure
		Breakfast	Breakfast	Breakfast	Breakfast
		Coming to Senses Experience	Masterclass 'Transform Our Inner Resistance'	Masterclass 'Articulating Our Purpose'	Masterclass 'Activating Our Purpose' Ritual Farewell
		Cooking Event	Lunch	Lunch w/Guests	Lunch & Departures
		Masterclass 'Discovery of Our Purpose'	Me.Design. Co.Design. 1:1 Coaching	Me.Design. Co.Design. 1:1 Coaching	
	Ritual Arrival		Regroup Session	Regroup Session	
		Downtime	Downtime	Downtime	
7.30 PM	Welcoming Dinner	Dinner Experience	Dinner w/ Special Guest	Dinner w/ Special Guest	8

'EXPONENTIALLY HUMAN'Location & Accomodation.

We have been searching for a unique, stunning and peaceful wellbeing space for quite some time. And then we found this! A space in nature and in tranquility, with attention to detail as well as care. We know this is the space where we can encourage you to step into human transformation with the support and connection of Mother Nature.

Welcome to Our Home: Resort 'Posestvo Pule', Slovenia The Pule Estate, which has been restored with a great sense of natural and cultural heritage by the descendant of the very first owners, is today one of the most prestigious modern country tourist estates in Slovenia. Situated on a natural plateau in the middle of forests, it extends over 125 hectares of land. Only an hour's drive from Ljubljana and Zagreb, it offers what we miss most in our modern hectic lives: relaxation and tranquillity in the midst of nature – the luxury of time and space.







EXPONENTIALLY HUMAN'Principles & Engagement.

- 1. FROM BEGINNING TO END (nothing in between). Exponentially Human begins and ends at the same time for everyone: late arrivals and early departures would be highly disruptive for the group process. Everyone is to join the daily events. It is a process.
- **2. UNDIVIDED ATTENTION** (uninterrupted thought and dialogue). One hundred percent of everyone's presence and concentration will be needed: the use of mobile devices won't be allowed when we are together, when we are being Exponentially Human.
- **3. SNEAKERS?** (ready to work). Yes. Sneakers or any other type of comfortable shoes are okay. The days will be long and only a small part of them will be spent in chairs. We'll also be outside hiking and on yoga mats. So, casual clothing is okay. No formalities: it's an experience.

- 4. RESIDENTS IN THE HOUSE (living freely and intentionally). We will have a couple of wonderful special guests joining us at lunch and dinner hours, sharing their wisdom and knowledge. We'll announce our guests prior to the start of the experience.
- **5. NO SOCIAL MEDIA** (on purpose and on being exponentially human). We would like us all to respect our time and at the same time use the five days to really detox from digital media.
- **6. RESPONSIBILITY OF SELF** (live and lead a life freely and intentionally). You can dive as deep or as shallow as you like in this experiment. It is your responsibility to take care of yourself. If you are currently under therapeutic or post-trauma treatment, we can not accept your attendance.

'EXPONENTIALLY HUMAN'

Fees.

Registration Fees:

Full price: €2.600 per person all inclusive Early bird: €1.900 per person all inclusive

(until March 1, 2019)

100% payment upon registration.

100% refund is available for cancellations 45 days prior to the event. Post this date, 100% refund will only be offered, if a full replacement is provided through waitlist.

Fees cover:

- Four days of unique learning experience.
- Four days and four nights in beautiful ****eco-luxe accommodations. Rooms have ensuite bathrooms, a fireplace and furnished sun-terraces.
- Choice of a Family Suite, Junior Suite or Junior Suite Duplex.
- 3x daily delicious, vegan & vegetarian healthy meals, prepared by or Chef in residence from one of the best restaurants in Slovenia.
- Morning body and breath.
- 1:1 Coaching with Dijana or Julia.
- Outdoor ceremonies.
- Use of spa with pools and saunas.
- Further surprises and gifts.

Not included

- Alcoholic beverages
- Massages
- Any other extras, excluded from fee.

'EXPONENTIALLY HUMAN' Possible Outcomes.

- Feel recharged, simply through the luxury of time and space.
- Uncover, change and overcome future forms of internal resistance.
- Release false expectations, hindering beliefs and any fears, uncertainties and doubts.
- Learn powerful tools and rituals for accessing new levels of your being.

- Receive a conscious understanding of who you are, why you exist in this world and how you can action purposeful and human leadership.
- Have the power to create the world you want to live in. For example, manifest a more purposeful and profitable organisation.
- Find a sense of peace and contentment, and feel alive.
- Meet people you may end up knowing for life.
- Engage, discuss, co-design, cook and humanely be together.
- Experience fun, interactive and collaborative classes, that will lead you to being purposeful, personal and compassionate in your leadership and in life. Ultimately being 'Exponentially human'.



Join us!

When:

April 24-28, 2019

Start 6 PM - End 2 PM

Where: Resort 'Posestvo Pule', Slovenia



We look forward to seeing you at our next gathering in sLOVEnia.

Connect with us@beingexponentiallyhuman.com



"Everyday, think as you wake up, today I am fortunate to be alive, I have a precious human life, I am not going to waste it."

- Dalai Lama

Join us and become 'EXPONENTIALLY HUMAN'